

Susanne is a Sociologist, graduate Executive and Personal Coach, Supervisor and Intercultural Trainer of German nationality with more than twenty years of experience in Spain, Italy, Belgium and Germany.

The director of the training institute Indiálogo, she works as a trainer and coach for executives and teams specialised in leadership, team building, communication and intercultural diversity. She always works with the perspective of finding practical and clear solutions for her clients, be it individuals or teams.

Susanne works at the senior executive level as well as with teams. She is specialised in:

- \* Organizational, executive and team coaching
- \* Training in positive leadership, conflict management, modern management skills
- \* Intercultural coaching, intercultural communication
- \* Change management, project and time management
- \* Team development, group dynamics, leadership of groups and teams
- \* Prevention of burnout and mobbing, healthcare and health coaching
- \* Facilitator of workshops and work in big groups
- \* Evaluation of European Projects and Consulting for European Projects

#### *Training and certifications:*

- Master in Supervision and Coaching and post-degree in Transactional Analysis, acquired at the institute INITA, Hannover, Germany
- Certified Coach and Supervisor and certified Trainer for Supervisors and Coaches, certification by EASC (European Association of Coaching and Supervision)
- Intercultural Trainer – certified by the Model of Freedom Association



**Qualifications and Experience:**

- *Coaching and supervision:* trained, certified and current President board member as chair of the quality committee/President of EASC (European Association for Supervision and Coaching). Wide experience in executive and individual coaching, in groups and with teams in companies, organizations and institutions. She gives lessons on the work in international teams and coaching at the University of Tarragona, Deusto/San Sebastian and for various district governments.

- *Training and formation:* more than twenty years of experience in education and training in various projects and on different topics. She combines theoretical aspects with practical elements that are useful for clients in their daily life. Experience with European institutions.

- *International business:* trained and certified by the Model of Freedom Association. She works with companies and executives on aspects of diversity and intercultural competence.

*"It is my passion to accompany my clients in their personal and professional development. I am specialized in executive and team coaching and my main approach is the development of social, communicative and intercultural competence to promote my clients' success. Their specific needs are my starting point. Together with them I look for concrete solutions. My favourite subjects are creating successful teams, supporting leaders in the development of their own positive leadership style, establishing good communication and helping people to see conflicts and changes as an opportunity and a chance."*

*Working methods:* transactional analysis, gestalt and system theory, gamification and creative methods

**Languages:** Susanne works in German, Spanish and English

Coaching and training sessions since 1998, 10,000+ hours of coaching, 8,000h+ hours of training. Certified Coach and Supervisor and Trainer for Coaches and Supervisors (EASC)

*Formats:* in-person and Skype sessions (only in combination with in-person)

Working as an external evaluator of EU Erasmus Projects since 2015.

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## Susanne's Experience in Companies

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Susanne Rieger has extensive experience in team coaching and individual coaching for companies of various industries, for public administrations, at the European level, for foundations, etc., including:

### **Companies:**

IBERDROLA, MAHLE S.A.; VOLKSWAGEN, ENDESA, NISSAN EUROPE, HONDA EUROPE, GIESECKE & DEVRIENT IBERIA: DEUTSCHE LEASING Iberica, 50 Hertz/Elia, BMW, CONTINENTAL, XEROX/ CONDUENT a.o

### **Institutions:**

INSTITUTO GOETHE/Barcelona, LOCAL AND DISTRICT GOVERNMENTS IN CATALONIA AND SPAIN (Barcelona, Mataro, Viladecans, Cabrils, Badalona,, Menorca, Zaragoza, Ribera del Ebro, Huesca, Teruel e.a.); CARITAS SPAIN;

Hospitals: Tauli/Sabadell, Vall d`Hebron/ Barcelona, Sant Juan de Deu/Barcelona

UNIVERSITY OF DEUSTO/ SAN SEBASTIAN, ROVIRA I VIRGILI (TARRAGONA), EURO FH,, Uni Eichstätt, Ev. Fachhochschule Hannover, Germany a.o

### **NGOs**

Medicos sin Frontera/ Barcelona, Fundesplai/ El Prat de Llobregat; GATS/ El Prat de Llobregat, Green European Foundation a.o